

# Yoga and Meditation in the Yucatan

March 28—April 4, 2009

with Shannon McCall, BA, E-RYT



Enliven your yoga practice in the magnificent setting of Maya Tulum, in Mexico's Yucatan Peninsula. Located just 90 minutes south of Cancun, and bathed by the warm waters of the Caribbean Sea, Maya Tulum is a magical and healing place to retreat from the pace of everyday life and a place for reflection and renewal.

**\$1595—\$1950**...Cost includes two yoga and meditation sessions daily, double occupancy lodging, and vegetarian meals. Cost does not include airfare or ground transport .

**For more information** ...please contact Shannon:  
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